

GOVERNMENT COLLEGE OF ARTS & SCIENCE, AURANGABAD

IQAC

Name of the Department/Committee – NSS

ACTIVITY REPORT

Title of an Activity- International Yoga Day Celebration

Nature of Activity & Date- Extension Activity (NSS), Date -21/06/2021

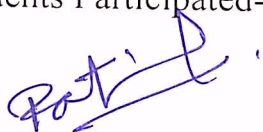
Objectives of Activity-

1. To make an awareness of the many benefits of practice in yoga
2. To reduce health problems.
3. To spread peace amongst people.

Brief description about activity Conducted

This activity was conducted on the occasion of International Yoga Day. On the day of activity Yog Guru Dr. Fulsing Jadhav explain the benefits of yoga and gave practicals of some yoga steps. All teaching, non-teaching staff and students were participated in activity. This activity was conducted under the guidance of our Respected Principal Dr. R. H. Satpute. Program officer Dr. S.G. Thakur, Mr R. G. Patil and Dr. Suchita Bharambe took an effort for success of activity.

Students Participated- 67



Name & Signature

Mr. R. G. Patil
Activity Coordinator



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Aurangabad

Stamp & Signature




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The image shows a screenshot of a Google Meet session. On the left, a PowerPoint slide is displayed with the following text:
Government College of Arts and Science, Aurangabad
Two Day State Level online Webinar
On
"Yoga and Mental Health"
Organised by
Department of Psychology and NCC (Girls) Unit
on the occasion
International Day of Yoga (IDY)
Resource Person : **Prof. Phulsing Jadhav, Yoga Trainer**
Date - 21.6.2021 Anand Vidhya Sadhana Kendra Aurangabad Time- Sharp 7:30 -8:30 am
Time Table : 7.30 am to 7.40 am - Stated 2nd session, Convenor Speech, Introduction of Guest
7.40 am to 8.25 am - live yoga practices
8.25 am to 8.30 am - vote of Thanks

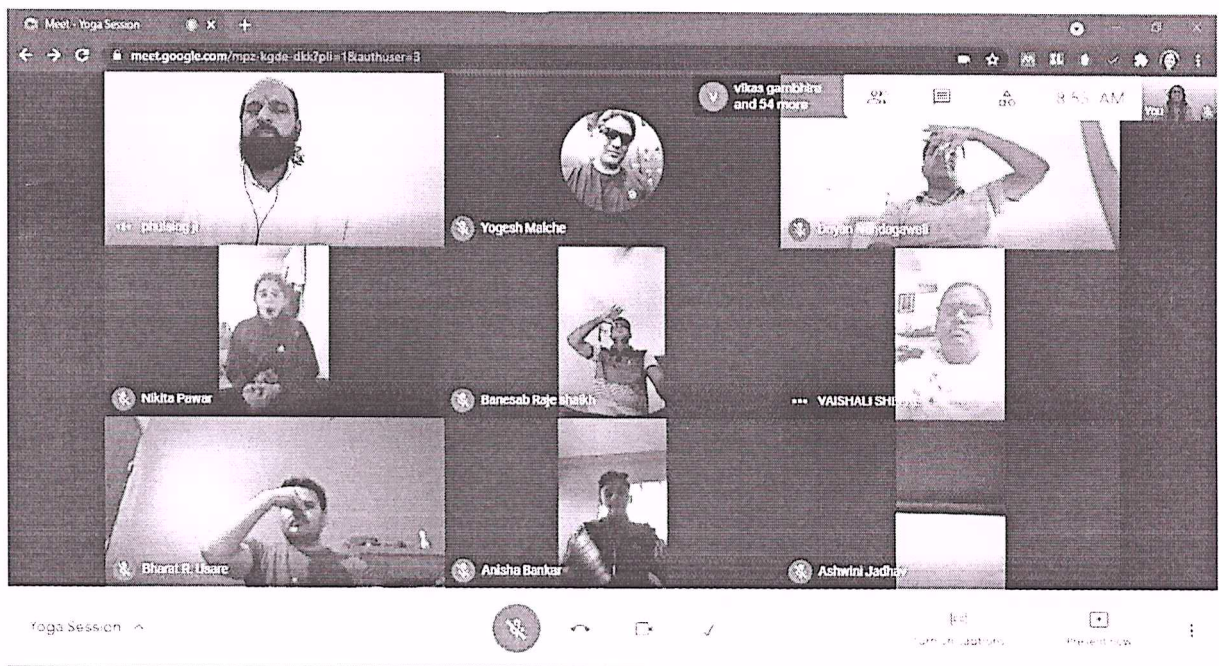
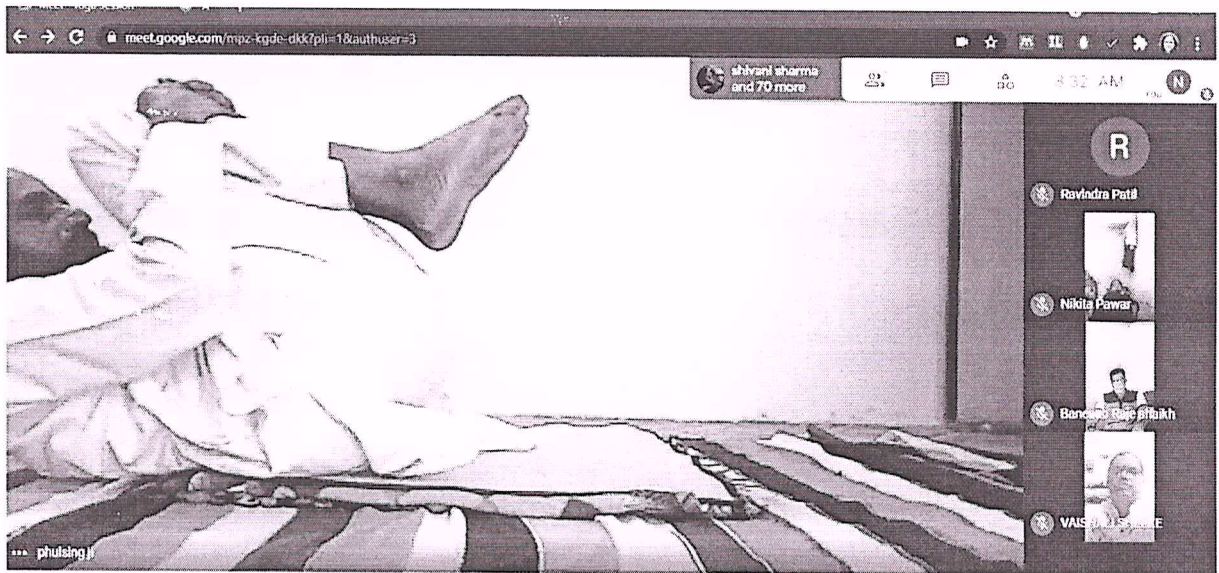
On the right, the Google Meet interface is visible, showing the presenter's name as 'You are presenting' and a list of participants including 'Komal Tigotia and 78 more', 'Sweta Prasad', and 'Rajendra Satpute'.

The image shows a screenshot of a Google Meet session. The main video feed shows a man in a white kurta performing a yoga asana, with his right arm extended upwards. The name 'phulsing ji' is visible in the bottom left corner of the video frame. The top of the screen shows the Google Meet interface with the name 'Anupama Wagh and 73 more' and a list of participants including 'Ravindra Patil', 'Uddhav Wagh', 'Nikita Pawar', and 'Vikas Gambhira'.


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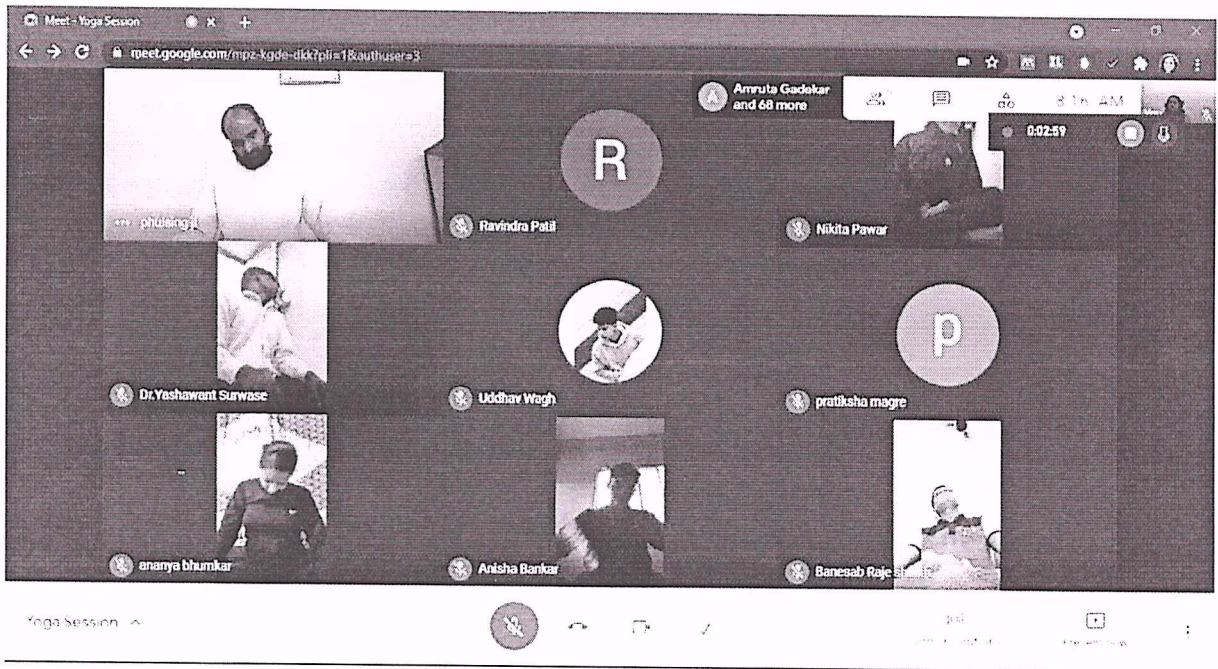
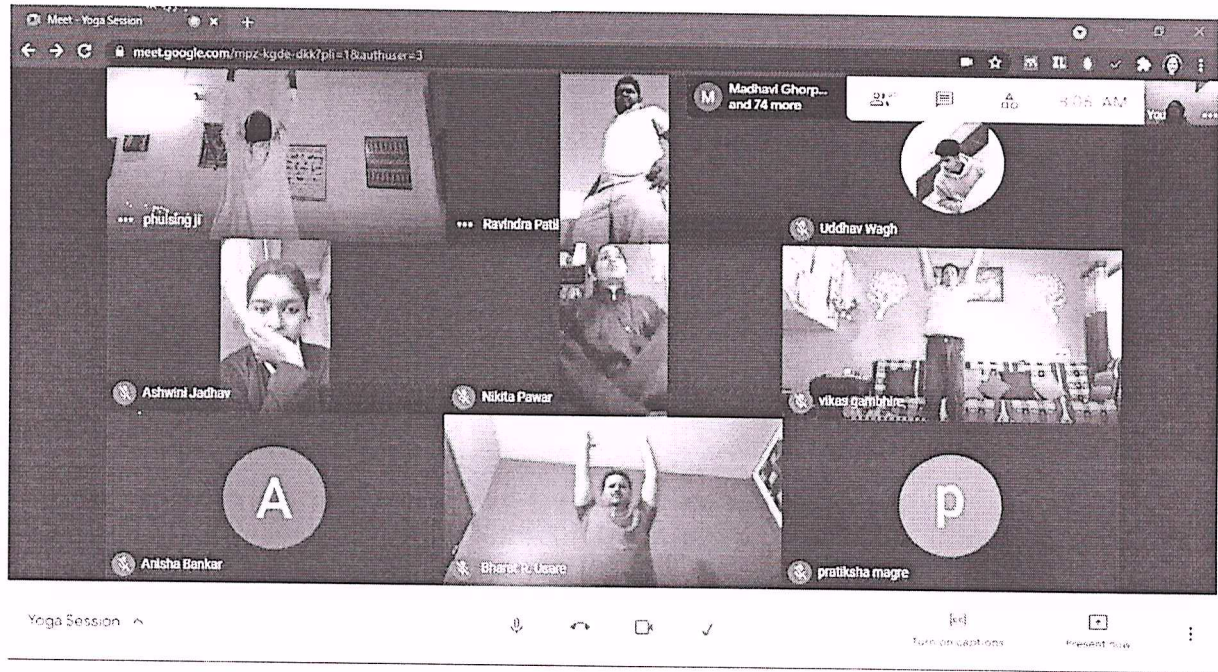
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